



SACRED

Social Action For Child Rehabilitation Emancipation and Development

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A Case study of GOWTHAMI of PATTIKONDA of KURNOOL District

Gowthami aged 6 years hails from Pattikonda village of Kurnool District. Her parents Indiramma and Panduranga have three children. Gowthami is the youngest who is disabled while the remaining are able-bodied children with no complications. Gowthami who was looking pretty when she was born and parents were feeling very happy. However they got disappointed when they observed no movements in their daughter. A year just rolled by but there was no change in her movements. She was neither sitting on her own nor crawling with the help of her hands. They resorted to other means of remedy such as going to various temples and approaching magicians for talismans. Taking the advantage of the situation some others suggested that they would make their child normal within 15 days and demanded Rs.10,000. They made arrangements for such a trial but somehow dropped the idea. They had then shown their daughter to Paediatricians at Guntkal, Kurnool and Adoni. The specialist doctors told parents that immobility is due to the congenital problem in brain. They further said that there may be little changes but it takes longer time. They prescribed a few tonics and tablets which didn't give any improvement in the condition. Her parents had virtually given up hopes since their efforts didn't give any result.



Before Intervention

Sacred happened to see Gowthami during July 2007 and briefed her parents that it is only through continuous efforts for more than 2 years one could notice gradual changes in her condition. A specialists from England named Ms. Mewa and Ms. Apeksha, Physio Therapists assessed she has spasticity of upper and lower limbs caused her stiffness of her joints, she is not independently mobile, sits with support from using both of her arms. Her spasticity very sensitive to handling. They suggested a

stretching exercises both upper and lower limbs, to reduce uncontrollable saliva secretions in the mouth applied drolling exercises ,as well as to increase the muscle power which in turn would improve movements of her lower and upper limbs. The Rural Development Worker and staff of sacred have been doing regular monitoring and giving timely suggestions and guidelines. Even splints were given to her which were helpful to stepping and walking..



During Intervention

Parents are highly co-operative and they noticed little changes which are not very significant. The type of changes they noticed include holding things in hand for long period, improved flexibility in the muscles, sitting for 2 minutes, little mobility in limbs etc., Parents are happy to say that they are able to see atleast there is change in the attitude of parents who are now accepting realities and are following what has been taught to them in training. little changes without spending even one rupee and they are hopeful of gradual changes in their daughter ,due to continuous counseling



← Present Status of Gowthami